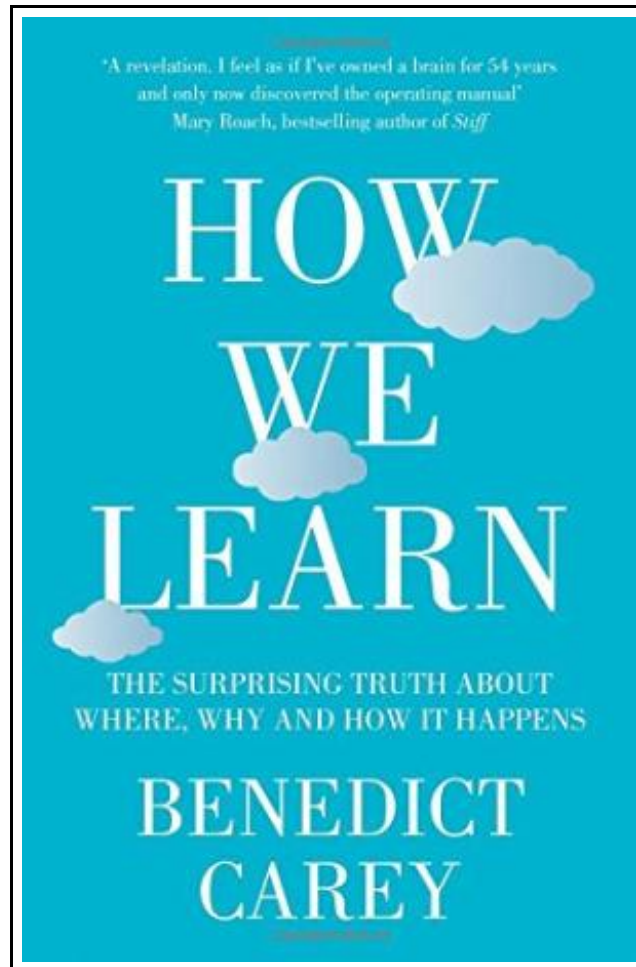


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(Camille Greenholt)

HOW WE LEARN: THE SURPRISING TRUTH ABOUT WHEN, WHERE AND WHY IT HAPPENS



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Macmillan. 1 Cloth(s), 2014. hard. Book Condition: New. What if almost everything we were told about learning is wrong? Science reporter Benedict Carey here sifts through decades of research to uncover the truth about how the brain absorbs and retains information. If the brain is a learning machine, Carey asserts, then it is an eccentric one, and he shows us how to exploit its quirks to our advantage. Along the way he reveals why teachers should give final exams on the first day of class, why the brain responds well to distraction, and why it's smarter to stay up late prepping for that exam than to rise early for one last cram session."This book is a revelation. I feel as if I've owned a brain for 54 years and only now discovered the operating manual. For two centuries, psychologists and neurologists have been quietly piecing together the mysteries of mind and memory as they relate to learning and knowing. Benedict Carey serves up their most fascinating, surprising, and valuable discoveries with clarity, wit, and heart. I wish I'd read this when I was 17."Mary Roach"A welcome rejoinder to the faddish notion that learning is all about the hours put in. Learners, Carey reminds us, are not automatons."NYTBR"The insights of How We Learn apply to far more than just academic situations. Anyone looking to learn a musical instrument would benefit from understanding what frequency and type of practice is most effective. Even readers with little practical use for Carey's information will likely find much of it fascinating, such as how intuition can be a teachable skill, or that giving practice exams at the very beginning of a semester improves grades. How We Learn is a valuable, entertaining tool for educators, students and parents."Shelf Awareness 254.

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