



Different Types of Depression: Characteristics and Treatments

By Joyce Zborower M. A.

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 104 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. Different Types of Depression Characteristics and treatments by Joyce Zborower, M. A. and John F. Walsh, M. S. takes a look at 3 major depressive states as well as 10 lesser depressive states such as Seasonal Affective Disorder (SAD), postpartum, anxiety, chronic, psychotic and other types of depression. We also look at various free online tests to help determine whether their state is really depression or something else. Mild depressive states can sometimes be successfully treated with herbs. More severe cases are treated medically using SSRIs or perhaps therapy or even electrical brain stimulation. If you had ever wanted to know how you could help a depressed friend or family member, Jack Walsh presents his best recommendations. To get a feel for the writing, scroll up this page and click on the books cover to read the first few pages of this book. Amazon Prime members can borrow it for free. Or click the purchase button to begin reading the entire book within the next few minutes. Note: If you own this book, you do not need How to Fight Depression...



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